

FRASER PLATEAU ECOZONE

Help bring butterflies home to your garden

Native wildflowers are adapted to local climate and soils and require less care and watering once established. They provide sugar-filled nectar and protein-rich pollen for beneficial insects like local butterflies and wild bees. This regional native plant list includes wildflowers for the *Fraser Plateau ecozone*, which includes: **Williams Lake, Anahim Lake, Smithers, Vanderhoof and 100 Mile House**. Always try to find local sources for native plants.



Common Yarrow



Showy Fleabane



Blanketflower



Spike-Like Goldenrod



Lance-Leaved Stonecrop



Common Name	Botanical Name	Height	Flower Colour	Flower Season	Sun	Soil	Pollinators	Butterfly Host Plant
Common Yarrow	Achillea Millefolium	0.75m	White-pink	April – July	Sun	Dry	Bees, beetles, butterflies	X
Pearly Everlasting	Anaphalis Margaritacea	Up to 0.9m	White & yellow	June – July	Sun to partial shade	Dry to moist	Bees, butterflies	
Red, Sitka, or Western Columbine	Aquilegia Formosa	Up to 0.5m	Orange-red sepals; yellow inner petals	March – April	Sun to partial shade	Normal to moist	Bees, butterflies, hummingbirds	
Common Red Paintbrush	Castilleja Miniata	0.8m	Red	April – May	Sun to partial shade	Dry	Bees	
Fireweed	Chamaenerion Angustifolium	1-3m	Purplish-pink	June – Aug	Sun	Dry to moist	Bees, hummingbirds	
Showy Fleabane	Erigeron Speciosus	0.4-0.8m	Pale purple	Aug – Sept	Sun to partial shade	Dry to moist	Bees, butterflies, flies	
Blanketflower	Gaillardia Aristata	0.2-0.7m	Yellow to orange	May – Oct	Sun	Dry	Bees, beetle (soft-winged flower beetle Listrus senilis), butterflies	
Sticky Geranium	Geranium Viscosissimum	0.25-0.9m	Pinkish purple to lavender	April – May	Sun to partial shade	Mesic to dry	Bees, butterflies, hummingbirds	
Arctic Lupine	Lupinus Arcticus	0.2-0.6m	Bluish purple	April – May	Sun to partial shade	Moist to mesic	Bees, butterflies, hummingbirds	
Brittle Prickly-Pear Cactus	Opuntia Fragilis	0.05-0.2m	Orange-tinged yellow	May – July	Sun to partial shade	Moist	Bees, other insects	
Silverleaf Phacelia	Phacelia Hastata	0.2-0.5m	Creamy white	April – May	Sun	Dry	Bees, other insects	
Lance-Leaved Stonecrop	Sedum Lanceolatum	0.05-0.25m	Yellow	Late June – July	Sun	Dry	Bees, other insects	
Western Canada Goldenrod	Solidago Lepida	0.3-1.65m	Yellow	Aug – Oct	Sun	Dry to moist	Bees, other insects	
Spike-Likegoldenrod	Solidago Simplex	0.05-0.8m	Yellow	Aug – Oct	Sun	Dry to moist	Bees, other insects	
Round-Leaved Violet	Viola Orbiculata	0.03-0.05m	Yellow	April – May	Sun to partial shade	Mesic to moist	Bees, butterflies	X