

FRASER PLATEAU ECOZONE

Help bring butterflies home to your garden

Native wildflowers are adapted to local climate and soils and require less care and watering once established. They provide sugar-filled nectar and protein-rich pollen for beneficial insects like local butterflies and wild bees. This regional native plant list includes wildflowers for the *Fraser Plateau ecozone*, which includes: **Williams Lake, Anahim Lake, Smithers, Vanderhoof and 100 Mile House.** Always try to find local sources for native plants.



Common Yarrow



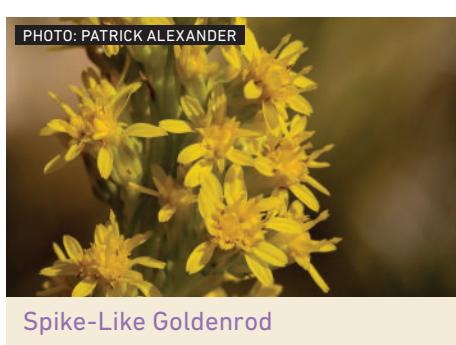
Showy Fleabane



Blanketflower



Lance-Leaved Stonecrop



Spike-Like Goldenrod



Common Name	Botanical Name	Height	Flower Colour	Flower Season	Sun	Soil	Pollinators	Butterfly Host Plant
Common Yarrow	<i>Achillea Millefolium</i>	0.75m	White-pink	April – July	Sun	Dry	Bees, beetles, butterflies	X
Pearly Everlasting	<i>Anaphalis Margaritacea</i>	Up to 0.9m	White & yellow	June – July	Sun to partial shade	Dry to moist	Bees, butterflies	
Red, Sitka, or Western Columbine	<i>Aquilegia Formosa</i>	Up to 0.5m	Orange-red sepals; yellow inner petals	March – April	Sun to partial shade	Normal to moist	Bees, butterflies, hummingbirds	
Common Red Paintbrush	<i>Castilleja Miniata</i>	0.8m	Red	April – May	Sun to partial shade	Dry	Bees	
Fireweed	<i>Chamaenerion Angustifolium</i>	1-3m	Purplish-pink	June – Aug	Sun	Dry to moist	Bees, hummingbirds	
Showy Fleabane	<i>Erigeron Speciosus</i>	0.4-0.8m	Pale purple	Aug – Sept	Sun to partial shade	Dry to moist	Bees, butterflies, flies	
Blanketflower	<i>Gaillardia Aristata</i>	0.2-0.7m	Yellow to orange	May – Oct	Sun	Dry	Bees, beetle (soft-winged flower beetle <i>Listrus senilis</i>), butterflies	
Sticky Geranium	<i>Geranium Viscosissimum</i>	0.25-0.9m	Pinkish purple to lavender	April – May	Sun to partial shade	Mesic to dry	Bees, butterflies, hummingbirds	
Arctic Lupine	<i>Lupinus Arcticus</i>	0.2-0.6m	Bluish purple	April – May	Sun to partial shade	Moist to mesic	Bees, butterflies, hummingbirds	
Brittle Prickly-Pear Cactus	<i>Opuntia Fragilis</i>	0.05-0.2m	Orange-tinted yellow	May – July	Sun to partial shade	Moist	Bees, other insects	
Silverleaf Phacelia	<i>Phacelia Hastata</i>	0.2-0.5m	Creamy white	April – May	Sun	Dry	Bees, other insects	
Lance-Leaved Stonecrop	<i>Sedum Lanceolatum</i>	0.05-0.25m	Yellow	Late June – July	Sun	Dry	Bees, other insects	
Western Canada Goldenrod	<i>Solidago Lepida</i>	0.3-1.65m	Yellow	Aug – Oct	Sun	Dry to moist	Bees, other insects	
Spike-Likegoldenrod	<i>Solidago Simplex</i>	0.05-0.8m	Yellow	Aug – Oct	Sun	Dry to moist	Bees, other insects	
Round-Leaved Violet	<i>Viola Orbiculata</i>	0.03-0.05m	Yellow	April – May	Sun to partial shade	Mesic to moist	Bees, butterflies	X